

RHYTHM OF THE REIN THERAPEUTIC RIDING PROGRAM



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HEALTH HISTORY FOR ALTERNATIVE RIDING PROGRAM

Name \_\_\_\_\_ DOB \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_ (*used to determine appropriate horse*)  
Parent or Guardian \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
Medical Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_  
Ins Co. Phone # \_\_\_\_\_ Group # \_\_\_\_\_

List any medical conditions \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(if Downs Syndrome, attach MD certification of absence of atlanto-axial instability)

Allergies \_\_\_\_\_

Medications \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

Physical functional abilities (walking, transfers, devices used, continence, etc.) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Psychosocial (school, work, leisure activities, fears, concerns ) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Goals (what would you like to accomplish?) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I attest I have disclose any medical conditions that may affect my ability to participate in Equine Assisted Activities.

\_\_\_\_\_  
Participant, Parent, or Legal Guardian

\_\_\_\_\_  
Date